

Quest Food Management

001442 - wrap-turkey & cheese 6" ultra

Recipe HACCP Process: #1 No Cook

Source: nslp
 Number of Portions: 1
 Size of Portion: serving

Meat/Alt: 1.75 oz
 Grains: 2 oz
 Fruit: 0 Cup
 Vegetable: 0 Cup
 Milk: 0 Cup

901993 turkey breast cooked skin on 315974.....	2 (2oz=1.125mm)
990093 cheese american.....	1 slice 200 ct
902806 tortilla ultra grain 6".....	2 (1 each)
903548 LETTUCE, Salad Tiny Chop Mix gfs#153121...	1/2 CUP, AP Mix

Thin Chip *Greco*

*Nutrients are based upon 1 Portion Size (serving)

Calories	371 kcal	Cholesterol	70.87 mg	Protein	28.64 g	Calcium	110.86 mg	33.19%	Calories from Total Fat
Total Fat	13.69 g	Sodium	1226.60 mg	Vitamin A	463.27 RE	Iron	3.26 mg	15.58%	Calories from Sat Fat
Saturated Fat	6.43 g	Carbohydrate	33.44 g	Vitamin A	2437.86 IU	Water ¹	*0.00* g	0.00%	Calories from Trans Fat
Trans Fat ¹	0.00 g	Dietary Fiber	4.34 g	Vitamin C	1.21 mg	Ash ¹	*0.00* g	36.02%	Calories from Carbohydrates
								30.85%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values